EASY READ

About Impact6

This is Easy Read. It tells you about Impact6.

What is Impact6?



Impact6 is a program.



It helps me do more things **myself**.



Things like cooking, catching the bus or making friends.



It lasts **6 weeks**.

Who is it for?



People aged **9 to 64**.

People with an **NDIS plan**.

Who comes?

A **practitioner** comes to see me.

They are a registered allied health practitioner. That means a **trained health worker**.

It is the **same person** each time, if possible.

If I am **under 18**, my parent or carer is there every time.

What happens?

We meet **2 times** every week.

Each time is **2 hours**.



We meet at my **home**, or out in my community.



I choose a **goal**. A goal is something I want to do myself.



I make my own reminders with **paper and markers**.



I **practise** a little between visits.

My choices



I can say **no** to any activity.



At the start and the end, we check how much help I need. It is **not a test**. I cannot fail.



I can **stop** the program at any time.

At the end



I get a **report**. It shows what changed.

Who pays?



My **NDIS plan** pays.



I only pay for the visits I had.

Questions?



Call **1300 894 991**. Monday to Friday, 9am to 5pm.



Email **support@capacitybuilders.com.au**



I can ask someone I trust to help me.

Impact6 is run by Capacity Builders, a registered NDIS provider. capacitybuilders.com.au/easy-read